

GRIEF AND LOSS BIBLIOGRAPHY



Developed by:

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The following books are recommended for children, teens, adults, and professionals. Books for children can be a valuable and therapeutic tool to help children and teens understand loss, grief and death. Prior to reading any books to children review the book and carefully select the appropriate book according to the child's situation, age, and developmental level.

RECOMMENDED FOR YOUNG AND SCHOOL-AGE CHILDREN

Bennett Blackburn, Lynn. *I Know I Made it Happen.* Centering Corporation, 1991.
Brown, Marc & Krasny Brown, Laurie. *When Dinosaurs Die.* Little,Brown,1996.

Buscaglia, Leo. *The Fall of Freddie the Leaf.* New York: Henry Holt Co., 1982.

Clifton, Lucille. *Everett Anderson's Goodbye.* Centering Corporation

Dodge, Nancy. *Thumpy's Story.* Centering Corporation *(Available in Spanish)

Duckwork, Liz. *Ragtail Remembers.* Centering Corporation

Gryte, Marilyn. *No New Baby: For siblings who have a brother or sister die before birth.* Nebraska: Centering Corporation, 1988.

Greenlee, Sharon. *When Someone Dies.* Centering Corporation

Goldman, Linda. *Children Also Grieve.* Centering Corporation

Hanson, Warren. *The Next Place.* Minneapolis: Waldman House Press Inc., 1997.

Holmes, Margaret. *Sam's Dad Died/Molly's Mom Died.* Centering Corporation, 1999.

Johnson. T & Wanter. *Days of the Dead*

Melonie, Bryan, and Robert Ingpen, *Lifetimes.* NY: Bantam Books, 1983.

Munsch, Robert. *Love You Forever.* Centering Corporation

Orlet-Schoen , Julie. *Jackie Jack, The Brave Little Boy.* Illinois: Woodland Studios, Inc., 1998.

***Parks, Barbara.** *Mick Harte Was Here*

Sanford, Doris. *It Must Hurt A Lot.* Multnomah Press. Portland, OR

Schwiebert, Pat. *We Were Gonna Have a Baby, But we had an Angel Instead.* Centering Corporation.

Sims, Alicia M. *Am I Still a Sister?* Kentucky: Grief Inc., 1986.

Stillwell, Elaine. *Sweet Memories.* Nebraska: Centering Corporation, 1998.

Temes, Roberta Ph.D. *The Empty Place.* New Jersey: Small Horizons, 1992.

***Thomas, Pat.** *I Miss You.*

Wunsch, Jane Loretta. *After the Funeral.* New Jersey, Paulist Press, 1995.

RECOMMENDED FOR ADOLESCENTS

***Cobain, Bev.** *When Nothing Matters Anymore.*

Dower, Laura. *I Will Remember You: What to do When Someone You Love Dies.* New York, Scholastic Inc., 2001.

Fitzgerald, Helen. *The Grieving Teen (A guide for teenagers and their friends)*

Grollman, Earl. *Straight Talk About Death for Teenagers.* Centering Corporation

***Irwin, Cait.** *Taming the Best Within.*

Parga, Emilio. *I Will Never Forget You. (A Teen Journal).* Centering Corporation

Scrivani, Mark. *When Death Walks In: For Teenagers Facing Grief.* Nebraska: Centering Corporation, 1991.

***Tyson, Janet.** *Common Threads of Teenage Grief.*

Wolfelt, Alan Ph.D. *Healing Your Grieving Heart Journal for Teens.* Colorado: Center For Loss and Life Transitions.

BOOKS RECOMMENDED FOR ADULTS

Dalke, David. *If Daddy Loved Me, Why Did He Leave Me?* Nebraska: Centering Corporation, 1994.

Henry-Jenkins, Wanda. *Just Us.* Nebraska: Centering Corporation, 1993.

Schuurman, Donna. *Never the Same: Coming to Terms with the Death of a Parent.* St. Martin's Press, 2003.

Sonsino, Rifat, and Daniel B. Syme. *What Happens After I Die?* New York, UAHC Press, 1990.

Wakenshaw, Martha. *Caring for Your Grieving Child.* New Harbinger Publications

Wolfelt, Alan Ph.D. *A Child's View of Grief.* Colorado: Center for Loss and Life Transition, 1991.

Wolfelt, Alan Ph.D. *How to Reach Out for Help When You Are Grieving.* Colorado: Center for Loss and Life Transition, 1993.

Wolfeth, Alan *Healing Your Grieving Heart.* Colorado: Center for Loss and Life Transitions

BOOKS RECOMMENDED FOR PROFESSIONALS

Boyd Webb, Nancy. *Helping Bereaved Children.* New York: Guilford Press, 2002

Blackburn, Lynn. *Class in Room 44. (for students whose classmate died)* Centering Corporation

Corr, Charles. *Death and Dying Life and Living*

Corr, Charles & Balk, David. *Children's Encounters with Death, Bereavement, and Coping.* Springer, 2010.

Corr, Charles & Balk, David. *Adolescent Encounters with Death, Bereavement, and Coping.* Springer, 2009.

DeSpelder & Stricklan. *The Last Dance: Encountering Death and Dying*

Doka, Kenneth J. Ph.D. *Children Mourning, Mourning Children.* Hospice Foundation of America, 1995

Doka, Kenneth J. *Living with Grief: Who We Are-How We Grieve.* Brunner:Mazel

Doka, Kenneth, *Living with Grief: Children and Adolescents*

Doka, Kenneth. *Living with Grief: Coping with Public Tragedy*

Fitzgerald, Helen. 1) *The Grieving Child* 2) *The Mourning Handbook.* New York: Simon & Schuster.

Gliko-Braden, Majel. *Grief Comes to Class.* Centering Corporation

Goldman, Linda. *Life and Loss, A Guide to Help Grieving Children*, Philadelphia: Taylor and Francis, 2000

Kessler, David. *The Needs of the Dying*

Kessler, David. *Life Lessons*

Kessler, D & Elizabeth Kubler-Ross. *On Grief and Grieving.*

Lieberman, Alicia F., et al. *Losing a Parent to Death in the Early Years*, Washington D.C.: Zero to Three, 2003

McCue, Katherine. *How to Help Children Through a Parent's Illness*. NY: St Martin's Griffin

Osofsky, Joy D. *Young Children and Trauma*, New York: Guilford Press, 2004

Wallin, DJ. *Attachment in Psychotherapy*. NY: Guilford

Wolfeth, Alan. *The Understanding Your Grief Support Group Guide-Starting and Leading a Bereavement Support Group*. Colorado. Center for Loss

Wolfeth, Alan. *Companioning the Bereaved (Model for Grief Counseling)*

Worden, W. *Grief Counseling and Grief Therapy: Handbook for MH Practitioners*

PET LOSS

Wolfeth, Alan. *When Your Pet Dies. A Guide to Mourning, Remembering ad Healing*. Colorado: Center for Loss and Life Transition

DEATH OF A GRANDPARENT

Czech, Jan. *The Garden Angel*. Centering Corporation

***Hodge, John.** *Finding Grandpa Everywhere.*

Nana Upstairs, Nana Downstairs. Centering Corporation

McLaughlin, Kirstern. *The Memory Box*. Centering Corporation

SUICIDE

Holmes, Margaret. *A Terrible Thing Happened.* Washington: Magination Press, 2000.

***Bolton, Iris.** *My Son, My Son*

***Cammarta, Doreen.** *Someone I Love Died.*

***Loehr,, Carol Ann.** *My Uncle Keith Died*

***Linn-Gust, Michelle.** *Do They Have Bad Days in Heaven?*

Sondra Sexton-Jones. *When Someone You Love Completes Suicide.* Centering Corporation

SUDDENUNEXPECTED LOSS/HOMICIDE

Henry-Jenkins, Wanda. *Just Us: Homicidal Loss and Grief.* Centering Corporation

Holmes, Margaret. *A Terrible Thing Happened*

ILLNESS

***Ackerman, Abigail.** *Our Mom Has Cancer*

Alexander, Alesia. *A Mural for Mamita.* Centering Corporation. *(Also in Spanish)

Maple, Marilyn. *On the Wings of a Butterfly.* Centering Corporation

Peterkin, Allan. *What About Me?* Centering Corporation

***Speltz, Ann.** *The Year My Mother Was Bald.*

Yeoman, Ellen. *Lost and Found.* Centering Corporation

WORKBOOKS

***Samuel, Erid.** *Fire in My Heart, Ice in My Veins (Trauma)*
When Something Terrible Happens
When Someone Very Special Dies
When Someone Has a Very Serious Illness

DOUGY CENTER PUBLICATIONS:

Guidebooks: (for adults and professionals)

Helping Children Cope with Death.

Helping Teens Cope with Death.

35 Ways to Help a Grieving Child.

Helping the Grieving Student: A Guide for Teachers.

When Death Impacts Your School: A Guide for School Administrators.

What About the Kids? Involving Children in Funeral Planning.

Activity Books: (for children)

After a Death: An Activity Book for Children

After a Suicide Death: An Activity Book for Children

After a Murder: An Activity Book for Children

Many of these books can be found on Amazon or from the following websites:

Centering Corporation: www.centering.org

Dougy Center: www.dougy.org

Center for Loss and Life Transition: www.centerforloss.com